



# DR. SCOTT DENNY

## Combining the best of Eastern & Western medicine with advanced tech

Why continue to suffer through pain, illness, or a chronic health condition when you can feel your best with help from Dr. Scott Denny and Integrative Hospital Associates (IHA)? IHA has been offering the best in natural medicine treatments since 1985, helping thousands of patients to improve their quality of life. With locations in Davie and Pompano Beach, Dr. Denny provides natural treatment solutions for complex health conditions so that patients can get back to the life they want to live. Anyone who has imagined a life without pain should call Dr. Denny today for a consultation.

### Groundbreaking Services

While IHA is best known for being the first pain management center in South Florida to use **advanced MLS robotic laser therapy** (below right), they also offer a wide range of services incorporating many disciplines. Dr. Denny is an expert in Oriental medicine and administers several styles of **acupuncture** (below left). IHA can also provide nutritional therapies, vitamin injections, cupping, dry needling, fertility protocols, and weight management. Patients have been coming to them for years for help with conditions like fibromyalgia and chronic fatigue, allergies, neck and back pain, carpal tunnel syndrome, infertility, sports injuries, and mental health concerns like depression and anxiety.

### MLS Robotic Laser Therapy

MLS Robotic Laser Therapy has proven to be very successful at providing pain relief; in fact, when we were taking photos for this article, the relatively new MLS patient in the below photo told us that it had been five days (and counting) since she last had to take the prescription pain medication she previously couldn't go without for more than a day.

Laser therapy protocols treat damaged muscle, bone, and joint conditions by using light waves to stimulate and heal the body's damaged cells. This technology has been cleared by the U.S. Food and Drug Administration and is painless as there is no actual heating of the skin. Patients are happily surprised that the treatment only takes a few minutes and they can often see results after three visits.

"We're in our eighth year of using this laser technology and the results have been spectacular," said Dr. Denny, on his way to give a lecture at the Korean International Medicine Expo. "It's the best tool I have used in my 32 years of practicing medicine. The laser therapy has been miraculous."

IHA has performed over 12,000 laser therapy treatments at their clinic, for such diverse issues as tendinitis, infertility, and arthritis. "My patients will tell you that laser therapy gives them relief when other treatments didn't," continued Dr. Denny. "People are used to standard physical therapy, but the treatment time, the results, and the lasting benefits are greatly improved here. It's become the go-to treatment because of the high patient satisfaction. We also combine MLS with other treatments so we can not only treat someone's symptoms, but get to the root cause of the problem. It's amazing to see the steady improvement patients make; they seem like completely different people when they are done."

### Customized, Multi-Discipline Care

Dr. Denny and IHA offer integrated, custom-tailored healthcare services in a friendly and welcoming environment. On the initial consultation, Dr. Denny will listen carefully to a patient's concerns and review their medical history in order to develop an effective plan to alleviate their symptoms and treat their condition. Afterwards, there is a physical examination which incorporates the best practices of both Eastern and Western medicine, including bioenergetic testing that looks at a patient's stress levels and how that affects their physical health.

"I spent years working as a chiropractor, but studying acupuncture and Oriental medicine changed how I treat patients," Dr. Denny said. "I began to look at patients through multiple filters and was able to construct better care plans. This training helps me get better results and outcomes and do whatever it takes to help people, since it's all about the results."

**Integrative Hospital Associates' main office is at 2215 South University Drive, Suite C, Davie, in the Promenade West Shopping Center. 954.473.8925. Some evening and Saturday hours are available. The Pompano Beach office, which offers fewer services, is at 572 East McNab Road, Suite 103. 754.200.1555. IHA accepts many insurance plans, and special financing is available. Please visit [www.dennyhealth.com](http://www.dennyhealth.com) for a complimentary health analysis form and more.**

by JASON ZAUDER

